A healthy community is often directly tied to a healthy community forest. As more and more cities and towns face shrinking urban tree cover, they are focusing on improving access to nature — with the support of healthcare organizations. And for good reason.

**Trees improve our overall health by:**

- **Filtering pollutants from ground water.**
- **Removing pollutants, including fine particulate matter, from our air.**
- **Breaking up heat islands and cooling urban spaces.**
- **Improving medical outcomes and patient recovery.**
- **Promoting physical activity.**
- **Creating calming spaces that aid stress recovery.**
- **Reducing crime in public spaces, encouraging more youth activity.**
- **Reducing ADHD symptoms in children.**
- **Lowering rates of childhood asthma.**

Find out more at [treecampushealthcare.org](http://treecampushealthcare.org)

Special thanks to our professional partner, The Davey Tree Expert Company, and to our program collaborators, Practice Greenhealth, the Professional Grounds Management Society, and the USDA Forest Service.