

# Nature Explore Workshops



The Arbor Day Foundation and Dimensions Educational Research Foundation proudly invite you to two Nature Explore workshops devoted to reconnecting children with nature.

**Workshop Location: Gomez Heritage Elementary  
5101 S. 17<sup>th</sup> St. Omaha, NE 68107**

## WORKSHOP SCHEDULE

**Saturday, April 17, 2010**

### **9:00 a.m. – 12:00 noon Moving to Learn**

Watch any child and you will see that their bodies love to move. Brain research tells us that motor development is important for neural processing, especially for children who are primarily kinesthetic learners. Children truly must move in order to learn well, and adults need practical strategies for developing purposeful movement experiences that work in indoor and outdoor settings. Attend this workshop to discover effective techniques for providing preschool and elementary children movement opportunities that can help them in three key ways: gaining body control, gaining knowledge about the world, and having positive outlets for emotional expression.

### **12:00 noon – 1:00 p.m. Lunch on your own**

### **1:00 p.m. – 4:00 p.m. The Arts and Nature**

This workshop will help you discover how to help children express their knowledge and personal interpretation of the world in more meaningful ways. The Look-Move-Build-Sketch planning model is designed to help educators create multi-faceted art experiences. This approach encourages children to work in many modes, reminding both teachers and learners (especially those with sensory integration challenges) of the many ways to experience new ideas and concepts. The projects explored during this workshop are inspired by nature and serve as another way to help children make deeper connections with the natural world.

Registration Form
Name
Organization
Street Address
City, State, Zip
Work Phone/Home Phone
Email address

**Registration:** \$25 (partially subsidized by a private grant)  
**Deadline:** April 12, 2010  
**Questions:** Contact [info@dimensionsfoundation.org](mailto:info@dimensionsfoundation.org) or call Tara Hild at Dimensions at 402-467-6112 for more information.

**Send Registrations to:**  
Attn: Tara Hild  
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